Rehabilitation Center for Children and Adults
300 Royal Palm Way
Palm Beach, Florida 33480
Palm Beach Life欧式风格

Celebrate 65 Years of Caring and Leadership 1940-2005

OCTOBER 2005

Improving Lives for 65 Years

Founded in 1940, this Palm Beach facility has earned a reputation for excellence in delivering therapeutic care.

Driven along picturesque Royal Palm Way in Palm Beach might never realize that lives are being changed for the better every day behind the staid façade of the Rehabilitation Center for Children and Adults.

But evidence of that fact is ample. Just take a peek at the center’s expansive aqua-therapy swimming pool, where a young boy with cerebral palsy kicks his legs in the water while his therapist supports his back.

Or visit the speech therapy room, where a middle-aged man determines how to pronounce the letter “P,” only a few weeks after his stroke.

And perhaps, take a quick tour of the occupational therapy area and chat with a retired woman who broke her arm in a recent fall and is working with her therapist to regain strength in her grip.

All three patients are benefiting from the work of the center, which provides outpatient physical, occupational and speech therapy to people with a variety of needs. And the facility at 300 Royal Palm Way, on the corner of Hibiscus Avenue, is marking a milestone this year as it celebrates its 65th anniversary in Palm Beach.

Over the years, the center’s dedicated staff has helped thousands of children and adults improve their physical function, independence and communication skills.

The center’s mission is to provide service to families regardless of their financial ability to pay. The facility is also “torn-serving,” as more than half the 1,100 annual patients are Palm Beach residents. The center, in fact, the only facility of its kind on the island.

The center owes its existence to one remarkable woman. In 1940, Margaret Pope Honey was treated for polio in Chicago and New York. But she discovered that no therapy was available during the time she spent each year in Palm Beach. With several Palm Beach friends, she opened the “Crippled Children’s Society” in a Department of Health building on Fifth Street in West Palm Beach.

In 1942, a three-room building was rented at the present location in Palm Beach, and in 1944, the property was donated by the Wiley B. Rounsaville family. A new-story building was erected in 1949 with a second floor added in 1955. Through a generous legacy from Max Rovenisky, adjoining property was purchased in 1963. The Samuel E. Palm Pavilion was built in 1969 with funds donated by Goldie Paley along with matching federal dollars.

In 1992, the name was changed to the Rehabilitation Center for Children and Adults. It’s now sometimes referred to as simply “RCCA,” although longtime residents continue to use the founding name of the Crippled Children’s Society.

The center’s state-of-the-art Web site, www.rcca.org, describes the wide-ranging diagnoses of patients, most of whom have some type of musculoskeletal problem. Conditions treated range from arthritis, athletic injuries and back and neck pain to cerebral palsy and CVA. Other patients have undergone joint replacement or have neurological, rheumatological, gastrointestinal, and speech and language problems.

Patients also receive training for activities of daily living, movement, balance, communication, coordination, muscle function, range of motion, self-care and strength.

Diagnoses might be mild, short-term or more severe and long-term. A stumble resulting in a minor ankle injury, for instance, could mean the inability to drive for a week. A shoulder injury from a simple twisted reaching motion might require the ability to shower or dress. A series of ear infections could delay a child’s language development.

The licensed therapists are trained to evaluate whether services can help people improve through therapy.

There are 60 members of the center’s Board of Governors, currently chaired by President Heather C. Honey. She and her husband, Patrick, have lived in Palm Beach for 25 years and they have four grown children.

That has always been the philosophy guiding the facility. Frances Hulit, named as board president for nine years in 1949 to 1958, recalls when Goldie Paley presented a gift in 1965 to construct a three-story building including the therapeutic pool, preschool classrooms, speech-language pathology clinic and medical director treatment area.

The indoor pool is heated close to body temperature to help improve circulation, flexibility and range of motion. Patients with arthritis and joint replacements benefit from the aquatic therapy. The Quantum Foundations also funds a water-safety program to teach children to swim.

The staf’s dedication to excellence is a direct result of the center’s Board of Directors and the center’s philosophy of treating patients well, regardless of their payment status,” says Henderson.

Thank you to Palm Beach Life
Rehabilitation Center for Children and Adults 2005

THE REHABILITATION CENTER FOR CHILDREN AND ADULTS, INC. IS A 501 (c)(3) ORGANIZATION. YOU ARE INVITED TO CALL FOR A COPY OF OUR ANNUAL FINANCIAL STATEMENTS ANYTIME (561) 7266 EXTENSION 1. FEDERAL IDENTIFICATION NUMBER 59-0791037.

A COPY OF THE OFFICIAL REGISTRATION (CH 83) AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE: 1-800-HELP-FLA (435-7352). REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL OR RECOMMENDATION BY THE STATE. 100% OF ALL CONTRIBUTIONS ARE MAINTAINED AND DISTRIBUTED BY THIS ORGANIZATION.

Patient’s Name: __________________________ Daytime Phone: __________________________
Diagnosis: __________________________
Onset: __________________________
Duration: __________________________
Frequency: __________________________
Precautions: __________________________

YOU HAVE A CHOICE

As a consumer, if you need therapy, you can choose where you go and whom you see. You may ask your friend, your neighbor, your insurance company or your physician.

Ultimately, YOU are the one who chooses.

You can initiate therapy at the Rehabilitation Center for Children and Adults by calling 655-7266, or by asking your physician to fax a prescription to 655-3269.

Call or walk in anytime to ask for a tour and learn more about us.

## Expenses for the year ended 8/31/05

$2,442,781

Program Services 88%
Management and General 7%
Fund Raising 5%

## Revenues Budgeted 2005-2006

$2,500,000

Program Fees, Insurance, Medicare, School District 39%
Contributions 22%
treatments 21%
Beggs 14%
County Contributions 4%
Scottish Rite 1%

## County Residence

- North County 5%
- West County 3%
- South County 2%

## Diagnoses

- Musculoskeletal 75%
- Speech 15%
- Neuromuscular 10%

## Services by Call Toll Free Within the State 1-800-435-7352. Registration Does Not Imply Endorsement. Approval or Recommendation by the State.

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Rehabilitation Center for Children and Adults

Welcome
New Staff Members!

Jadyn Theeck, CCC
Speech-Language Pathologist

Congratulations Staff Members!

Ellen O’Bannon
Director of Physical Therapy & Rehabilitation
FPPTA Vice President & APTA Delegate

Rose Ruiz-Go
Physical Therapist
Pediatric Clinical Specialist Certification

Camy Dreifus
Occupational Therapist
Certified Pilates Instructor

Alexis Saull, CF
Speech-Language Pathologist

Thank You Administrative Staff Members!

Marybeth Hight
Accounts Receivable
Electronically billed charges of over $1M to Medicare & other insurance companies

Themis Quiros
Accounts Payable
Electronically paid over $1M in salaries & paid insurance, supplies etc.

The Professional Endowment Committee introduces the Rehabilitation Center's mission and needs to our financial neighbors. Members represent key financial institutions in the Palm Beach area. Most are surprised to learn that half of our two million dollar budget helps families who are uninsured or under insured. Thornton (Tim) Henry, an estate planning attorney with the law firm of Jones, Foster, Johnston and Stubbs, and Past President of the Board of Governors at the Rehabilitation Center, serves as Chairman of the Professional Endowment Committee. At the quarterly committee meetings, members review the latest relevant estate tax information. Annually, the committee sponsors an Estate Planners Reception for attorneys, accountants, trust officers and members of the Center's Board of Governors. Guests learn how to help the Rehabilitation Center through planned gifts such as wills and charitable trust agreements.

The Professional Endowment Committee also helps increase our neighbors' awareness of our needs and services. These professionals represent expertise our donors can call upon, as they know both the importance of endowments to our mission and the value of estate planning for the donor’s family. We believe the work of this committee will help insure the financial security of the Center now and in the future. If you know of someone who might be interested in more information, please call the Rehabilitation Center at 655-7266, or contact one of the committee members pictured here. The Rehabilitation Center for Children and Adults is grateful these women and men choose to donate their professional and personal time helping children and adults with physical disabilities.
Rehabilitation Center for Children and Adults
Dedicated to improve people’s physical function, communication and independence

**PHYSICAL THERAPY**

**OCCUPATIONAL THERAPY**

**SPEECH-LANGUAGE THERAPY**

**DIAGNOSES TREATED**

- Arthritis
- Athletic Injury
- Back & Neck Pain
- Balance & Vestibular
- Cardiac
- Carpal Tunnel
- Cerebral Palsy
- CVA, Stroke
- Developmental Delay
- Hand Injury
- Joint Replacement
- Mastectomy
- Musculoskeletal
- MS, Parkinsons
- Neurological
- Orthopedic
- Rotator Cuff
- Speech & Language
- Spinal Cord Injury
- Tendonitis
- Traumatic Brain Injury
- Work Related Injury

**AQUATIC THERAPY**

**PRESCHOOL**

**THERAPY GOALS**

- Activities of Daily Living
- Ambulation
- Balance
- Communication
- Coordination
- Muscle Function
- Range of Motion
- Self Care
- Strength

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Photos by Kelli Jacobs